

GUIDE FOR STAFF MOBILITY

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Mobility at FMV-ULisboa

As boas-vindas (Welcome)

Dear colleague,



Welcome to Portugal, welcome to the historical city of Lisbon and especially welcome to our University and our Faculty! Bem-vindo! Now is the perfect time and place for you to embark on a small voyage of discovery, reminiscent of the explorations undertaken by Portuguese sailors in the 15th and 16th centuries. This is an extraordinary opportunity to meet your academic colleagues and to experience another education environment.

We are proud that FMV is the oldest institution of Higher Education in the area of Veterinary Sciences in Portugal, promoting its teaching since 1830. It is also a fully accredited European evaluation institution (EAEVE) since 2017. At our institution, we prioritize the quality of teaching, research, and all the services we offer, namely having a busy Teaching Hospital. We are dedicated to providing excellence in education, conducting impactful research with our Centre for Interdisciplinary Research in Animal Health -CIISA, and ensuring that all services provided meet the highest standards.

The entire mobility office and FMV-ULisboa staff, including myself, is dedicated to ensuring that your time here is not only enjoyable but also unforgettable. If you encounter any practical or technical issues during your stay Dr^a Alexandra Matos secretary of the Erasmus Office team will offer excellent support for any bureaucratic or organizational matters. We are looking forward to meeting you in person. On behalf of the mobility office,



Ana Mafalda Lourenço Coordinator



www.fmv.ulisboa.pt



General information

FMV is made up of 9 buildings (from A to I in the image). The identification of each room is done as follows:

Building- Floor- Room Nº

For example, the practical classes of Histology I and II are in laboratory C1.18. So, the class is in building C, 1st floor, room $n^{\circ}18$.



Figure 1. FMV main buildings

A0

Academic and human resources division - secretariat A1 Auditorium A1.14- theoretical classes Presidency School, scientific and pedagogical councils A2 Division of financial resources auditorium A2.16 A3 Library

B 0-1

Auditorium B

C0

Student union (Associação de Estudantes) Copy store Student union store Auditorium C0.12 C0.31 - practical classes Molecular Biology of the Cell **C1** Bruno's bar and Student union's bar Auditorium C1.12 C1.18- classes C1.21 - classes Nutrition laboratory **C2** Terrace **C3** Teachers' offices Research laboratories and service provision Technical rooms and classrooms (C3.77) Mobility office (C3. 26) **C4** Bridges to D building Teachers' offices

Research and service delivery laboratories. technical rooms

D 0-1 School hospital (also E) Bioterium

Metabolic pavilion Reproduction and Obstetrics Teachers' offices

Auditorium F Classes and Tuna rehearsals G

Practical rooms for Anatomy and Pathological Anatomy Practical classes of Anatomy I and II Equine intensive care Isolation Unit

H

Stables for goats, sheep, cattle and horses. Practical classes

Arena Equine Box Horse ridding classes Artificial insemination center

Where to go on the first day?



Figure2. FMV-ULisboa main buildings

You will always start at the mobility office. After you entrance in the building C, take the first lift to the 3rd floor; go straight to find on your left, office <u>C3.26</u>. There you will meet Dr^a Alexandra Matos, our secretary (Fig 2). She will give you the first insights on how to get around. One of the coordinators will do the best to meet you shortly. A guided tour throughout our faculty and the departments will be given to you upon your arrival.



Figure 3. Mobility office and Dr^a Alexandra Matos

You are always welcomed to the mobility office if you have any question or concerns during your stay. Mobility office is open from Monday to Friday between 8.30 until 13h; then from 14 until and 16.30h.

How to get to FMV-ULisboa?

You can rent a transport or get here by public transportation.

By BUS



nº 723 at Marques de Pombal station (blue and yellow line) nº 729 at Pontinha station (blue line)

nº 760 at Martim Moniz station (green line)

By Train 🗮



Sintra Line - Connecting with buses nº 729, in Benfica nº 760, at Praça do Comércio (exit at Rossio)

Cascais Line - Connecting with buses nº 723 and 729, in Algés

connecting with

nº 723 - Algés - Desterro
nº 729 - Algés - Bairro Padre Cruz
nº 760 - Martim Moniz - Ajuda Cemitério
nº 742 - B.º Madre Deus - Casalinho Ajuda
nº 771 - Sete Rios - Centro Universitário da ajuda

Helpfull apps to get around:

Moovit Metro LX Where to eat at the faculty?

You can always bring your own food and use the available microwaves to heat it. We also have one vending machine near the Small Animal Hospital, two cafeterias in building C (first floor) where you can have a complete meal for a low price and one school canteen at 8 min walking distance. Please be aware that eating at the Hospital is forbidden.

Where to stay?



Figure 1- FMV-ULisboa (red star)

You can always investigate sites like TripAdvisor or Booking for availability, prices, details and reviews on accommodations. Alternatively, we can give you some ideas:

Housing Anywhere

The "Housing Anywhere" website offers you the possibility to register and obtain information about accommodation. For this purpose, consult the website <u>https://housinganywhere.com/pt/</u>

Coolivin

Coolivin is an accommodation brand that promotes and manages various Coliving spaces for students and young workers/researchers, in friendly and central locations in Lisbon. The respective website contains all the spaces, as well as all the relevant information: <u>www.coolivin.com</u>

Inlife

You can choose to visit the places in real time or by video call, before sending the reservation request.

1. Enter your accommodation preferences. If you prefer, you can receive immediate recommendations from Inlife advisers;

2. Choose the desired location, then:

a) Send instant booking requests, OR

b) Ask to visit first.

More information at https://inlifeportugal.com/

Associations

There are some Erasmus associations that intend to support and integrate international students in Lisbon by organizing cultural, sports and local entertainment activities and helping to find accommodation.

<u>Erasmus Life Lisboa</u> has an accommodation support service to help displaced students. You can clear any doubts directly with members of the Erasmus Life team via Skype, just access the following link and make an appointment: <u>https://www.erasmuslifehousing.com/accommodation-call/</u>

Disclosure:

The mentioned websites and corresponding information concern only the named institutions, not FMV-ULisboa which does not hold responsibility for these institutions, websites or information provided by them.